

BLS / AED Policy

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1		
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It is mandatory for all staff to be trained in Basic Life Support (BLS) and Automated External Defibrillation (AED). Training and Assessment will take place within the induction period for members of staff and annually thereafter.

Training will be delivered by an individual who satisfies the criteria listed by Resuscitation Council UK. It will follow the format outlined by the Resuscitation Council UK publication: *Cardiopulmonary Resuscitation and Automated External Defibrillation – A Training Manual*.

On completion of CPR training, the candidate should be able to demonstrate resuscitation of an adult in cardiac arrest. This should be assessed during or at the end of the training, using a simulated incident and a resuscitation training manikin.

On completion of training in the use of an AED the candidate should be able to demonstrate the sequence of actions and skills required to use an AED during the simulated resuscitation of an adult victim who has suffered a cardiac arrest. This should be assessed during or at the end of the training using a simulated incident and a resuscitation training manikin.

Assessment will usually take place within the session. Staff who do not pass the assessment will have to retake the assessment or whole training course if more appropriate.

Assessment will be made using the Resuscitation Council UK Criteria as listed overleaf.

The Resuscitation Council Guidelines can be found at <http://www.resus.org.uk>

Assessment Criteria of BLS

Skill	The candidate	Yes	No
Ensure safety of rescuer & victim	Demonstrates assessment of safety		
Check response	Demonstrates shaking and shouting		
Call for help	Demonstrates calling for help		
Open airway	Demonstrates head tilt and chin lift		
Assess breathing	Demonstrates looking, listening, and feeling for normal breathing for no more than 10 seconds whilst maintaining head tilt / chin lift		
Get help	Describes how to phone for the Emergency services		
Chest compressions	Demonstrates effective chest compressions (correct hand position, rate, and depth)		
Compression: ventilation ratio	Demonstrates 30 compressions to 2 breaths		
Minimises interruptions in CPR	Demonstrates minimal interruption in chest compressions		
Sequence	Demonstrates correct order / sequence of actions		

Assessment for AED

Skill	The candidate	Yes	No
Activate AED	Demonstrates switching AED on		
Attach electrodes	Demonstrates attaching electrodes in acceptable positions		
Analyse rhythm	Allows rhythm analysis without touching victim or AED		
Deliver shock	Demonstrates rapid and safe delivery of a single shock (including visual check and verbal instruction to stand clear)		
Following shock	Follows AED instructions		
CPR	Minimises interruptions in chest compression		